



My name is Dorotheos & I would like to share our story with you.
Mediterranean is your "home away from home"!

Our recipes stay true to the traditions of "the lands of sun, sea and olive trees". Our dishes have been inspired by a beautiful blend of Mediterranean cultures that highlight fresh ingredients and delicious food.

At the Mediterranean Grill & Pizzeria we strive to create an environment where everyone feels welcomed.

As a family man from Greece with an amazing wife and two beautiful young daughters, it is a pleasure to have a place big enough for the whole family and friends to gather, enjoy our warm atmosphere, share a hearty, handmade home-cooked meal and feel comfortable to be yourself.

We now invite you to join our family at Mediterranean Grill & Pizzeria and thank you for the opportunity to serve you.

FRESH SALADS

Crisp Fresh Greens & Veggies sourced locally, prepared to order to your liking! **Extra Dressing 0.69, Hummus or Tzatziki 1.99**

House Salad 🍷🌱 Fresh mixed field greens, cherry tomatoes, cucumbers, sliced red onion, carrot, pepperoncini & Kalamata olives **Small 6.99 | Large 9.99**

Salmon Salad* 🌱 Mixed greens with crumbled gorgonzola, pecans and dried cranberries. Topped with Salmon, served Grilled or Blackened 22.99

Caesar Salad 🍷 Fresh cut romaine lettuce, topped with shaved parmigiana cheese and crispy croutons. Served with Caesar dressing **Small 7.49 | Large 10.49**
Add Chicken 5.99

Mediterranean Signature Salad (Cretan Dakos) 🍷 Cretan recipe with diced tomatoes, Feta cheese, Kalamata olives, capers, bread rusks, oregano and EVOO 14.99

Greek Salad 🍷🌱 Crisp romaine lettuce, cherry tomatoes, sliced red onion, Kalamata olives, roasted red peppers, pepperoncini, cucumber, authentic feta cheese, fresh herbs, with Greek dressing on the side **Small 8.49 | Large 13.99**

Pecan & Gorgonzola Salad 🍷🌱 Mixed greens with crumbled gorgonzola cheese, pecans, crisp Anjou pears, drizzled with balsamic glaze 12.99

Spinach, Chicken & Feta Salad 🌱 Fresh baby spinach, sliced grilled chicken, authentic feta cheese, red onion & drizzled with balsamic glaze 15.99

Portobello Chicken Salad 🍷 Grilled Chicken, sautéed portobello mushrooms and broccoli, served over our house salad 15.99

BURGERS | SUBS | WRAPS

Our Burgers are 10 oz. Our Subs and wraps are available on:

Italian or white bread or white wrap or wheat wrap.

SUB onion rings or sweet potato fries or curly fries for +1.49

Extra Sauce 0.69 and Hummus or Tzatziki 1.99

Classic Cheese Burger* Topped with cheddar cheese, fresh lettuce, tomato, onion & mayo Served with french fries 13.99
Add Bacon 1.69

Whiskey BBQ Burger* Melted provolone cheese, Applewood smoked bacon, fresh lettuce, tomato, crispy onion rings & our homemade Whiskey BBQ sauce Served with french fries 14.99

Italian Cold Cut Sub 🍷 Freshly-sliced Genoa salami, Capicola, mortadella, provolone cheese, lettuce, tomato, onion, green bell peppers, hot peppers & pickles, drizzled with oil & vinegar 12.99

Roast Beef Sub Provolone Cheese, Lettuce, tomato, onion, Mayo 12.99

Chicken Caesar Wrap Marinated Grilled Chicken with shaved Parmesan, romaine lettuce, croutons & Caesar dressing 12.99

Buffalo Chicken Wrap Grilled Chicken tossed in Buffalo sauce with lettuce, tomato & creamy blue cheese dressing 12.99

Parmigiana Sub Our fresh homemade marinara sauce with melted provolone cheese & choice of eggplant or meatballs or chicken or sausage 12.99

Steak & Cheese Sub Shaved juicy sirloin steak & American cheese 13.99 **Add** sautéed peppers, onions & mushrooms 1.99

Beef & Lamb or Chicken Gyro Pita Slices of tender meat marinated with herbs & spices, roma tomatoes, onion & tzatziki sauce Served with french fries 12.99

Smoked Pastrami Sub Hot pastrami over toasted Italian bread with sautéed onions, melted Swiss cheese, and yellow mustard 15.99

Falafel Pita Wrap 🍷 Sliced tomato, onion, tzatziki Served with french fries 14.49

HEARTY ENTREES

Served with choice of two sides, unless otherwise specified.

Add a dinner salad or cup of soup 1.99 Choose between: Oven Roasted Potatoes, Rice Pilaf, French Fries, Broccoli, Green Beans, Coleslaw.

Any extra side for 3.99 | **Extra Sauce 0.69, Hummus or Tzatziki 1.99**

Fish & Chips Lightly battered fresh Haddock, served with French fries & coleslaw 16.99

Baked Stuffed Scrod Fresh Haddock with seafood stuffing, topped with seasoned bread crumbs 18.99

Scrod Alla Griglia Haddock broiled with butter & seasoned bread crumbs 17.99

Mediterranean Salmon* 🌱 8 oz. of salmon well-seasoned and grilled. Topped with capers, cherry tomatoes and Kalamata olives, in a delicate white wine lemon sauce 23.99

Steak Tips* Tender 9oz steak tips marinated & grilled 20.99

Traditional Portuguese Steak* 🍷 Sirloin steak, grilled to perfection and topped with a fried egg & spicy saffron sauce. Served over rice pilaf and golden French fries 23.99

Mediterranean Kebabs* Two skewers with onions, bell peppers seasoned & grilled to perfection **Chicken 18.99 | Beef 22.99**

Buffalo Chicken Mac & Cheese 🍷 Crispy Buffalo Chicken Tossed with penne in a Creamy Cheese sauce 18.99

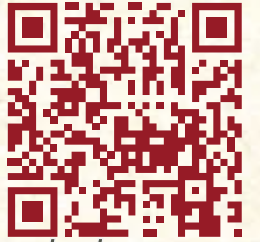
Other Sides:
→ Onion Rings or Sweet Potatoes Fries or curly fries +1.49
→ Pasta (covers 2 sides) +1.99
→ Sautéed Onions or Sautéed Spinach or Sautéed Peppers or Sautéed Mushrooms +1.49

HEARTWARMING SOUPS

Wholesome, hearty soups made daily, using only top-quality fresh ingredients!

Superfood Kale Soup

Made with chorizo, fresh Kale & packed with vitamins
Cup 5.99 | Bowl 7.99



check out our menu photos

MOUTH-WATERING APPETIZERS

Carefully selected dishes to share with friends and family!

Extra Sauce 0.69, Hummus or Tzatziki 1.99

French Fries 🍷 Our all-time favourite crispy & golden fries 4.99

Three Cheese Garlic Bread 🍷 Toasted Italian bread topped with garlic butter, romano, mozzarella & gorgonzola cheese 5.99

Sweet Potato Fries 🍷 A basket of our All-Time sweet delicious fries 6.99

Onion Rings 🍷 Lightly breaded fried onions, perfect for dipping 6.99

Calamari Fritto 🍷 Tender squid rings, lightly floured & pan-fried, tossed with hot peppers 14.99

Portuguese-Style Calamari 🍷 Locally sourced tender squid rings prepared in a saffron sauce with chorizo, bacon hot peppers & roasted red peppers 16.99

Pan-fried Mozzarella 🍷 Served with homemade marinara sauce 10.99

Mozzarella Sticks 🍷 Battered fried cheese sticks served with our homemade marinara sauce 8.99

Portobello Cap 🍷🌱 Roasted portobello mushroom cap topped with caramelized onion, mozzarella, feta and gorgonzola cheese, drizzled with balsamic glaze, over spinach & roasted red peppers 12.99

Grilled Sausages Chef's selection of grilled top quality sausages, cherry tomatoes, oregano & grilled Pita 13.99

Fried Pickles 🍷 Deep-fried Pickle fries topped with bacon & chipotle Aioli 9.99

Melanzane Parmigiana 🍷 Lightly breaded eggplant, baked in plum tomato sauce topped with mozzarella 15.99

Flatbreads
- **Margherita** 🍷 Sliced tomato, fresh mozzarella, basil & olive oil 12.99

- **Turkey Club** Sliced deli turkey, crispy bacon, mixed field greens, and sun dried tomatoes. Finished with creamy ranch 13.99

- **Mediterranean** 🍷 Baby spinach, Roma tomato, artichoke hearts, Kalamata olives, feta crumble & EVOO 13.99

- **Gyro** Shaved steak, sliced tomatoes, and red onion, served with tzatziki 13.99

Chicken Wings or Tenders Crispy fried chicken wings or Tenders served with your choice of sauce: Buffalo, Smoky BBQ, or Sweet & Sour 11.49 | Meal 13.49 | Portuguese Style +2.99

Curly Fries 🍷 Seasoned crispy & golden curly fries 5.99

Texas Fries Crispy fries topped with bacon, ranch dressing & melted cheese 10.99

Antipasto Platter Luscious charcuterie-style platter of assorted Italian cold cuts, fresh veggies, cheeses & Cretan Rusk 15.99

Grape Leaves 🍷🌱 Tender grape leaves filled with Mediterranean seasoned rice 9.99

Spanakopita 🍷 Flaky filo dough filled with sautéed spinach and fresh herbs, topped with crumbled feta cheese 11.99

Messa Platter Stuffed grape leaves, veggies, authentic tzatziki, grilled sausage, gyro meat & grilled Pita bread 16.99

Falafel Platter Crispy falafel with your choice between fresh Greek tzatziki OR authentic hummus, veggies, and toasted pita 13.99

Tzatziki 🍷 Served with pita 9.99

Hummus 🍷 Served with pita 9.99

Bruschetta Italian bread & fresh herbs topped with roma tomatoes, fresh mozzarella and prosciutto, toasted and drizzled with balsamic glaze 10.99

MEDITERRANEAN SPECIALTIES

Keftedakia Crispy Mediterranean style fried meatballs served with warm pita and tzatziki 16.99

Pan-Fried Halloumi 🍷 Authentic Greek halloumi cheese seared to perfection & served with lemon and oregano 13.99

House Octopus 🍷 Tender marinated tentacle, char grilled and served with hummus 23.99

Flat Beans 🍷 Vibrant flat beans braised in a rich tomato sauce finished with olive oil and served with grilled bread and feta 14.99

SUCCULENT PASTA

Choose your favorite pasta: Spaghetti, Penne. **Gluten Free Penne +0.99.**

Add a dinner salad or cup of soup 1.99

Classic Marinara 🍷 Our homemade plum tomato sauce finished with fresh aromatic basil & Parmesan 9.99

Chicken & Broccoli Alfredo Tender chicken sautéed with garlic & fresh broccoli, tossed in creamy alfredo sauce. Garnished with Parmesan 19.99

Spinach with Rice "Spanakorizo" 🍷🌱 Authentic Greek dish & Baby spinach sautéed with fresh garlic scallions tossed with lemony rice & finished with a sprinkle of feta 19.99

KIDS MENU
Hamburger & Fries \$7.99
Add cheese \$+0.99

Chicken Fingers & Fries \$6.99

Grilled Cheese & Fries \$5.99

Greek Style Baked Beans

Giant white beans baked in a chunky red sauce with crumbled feta and grilled bread 14.99

Roasted Eggplant 🍷 Rich eggplant slow-roasted in tomato onion sauce with feta and toasted bread 14.99

Giaourtlou Seasoned Beef & Lamb kebab baked with marinara and red onion. Served with toasted pita and tzatziki 16.99

Aglio e Olio 🍷 Fresh garlic sautéed in extra virgin olive oil with Kalamata olives, hot pepper flakes & fresh basil 15.99

Add Anchovies 1.99
Parmigiana Lightly breaded and pan-fried chicken or eggplant, topped with plum tomato sauce & melted mozzarella cheese **Eggplant 15.99 | Chicken 16.99**

Lasagna Layers of fresh pasta, seasoned ground beef and a blend of rich Italian cheeses with marinara sauce 18.99

Four Cheese ravioli 🍷 Tossed with marinara sauce. Finished with Parmesan & fresh herbs 15.99

Portobello 🍷 Fresh portobello mushrooms sautéed with sundried tomatoes & fresh garlic, finished in a Parmesan cream sauce 18.99

Mac & Cheese 🍷 \$6.99
Pasta with Marinara or Alfredo \$6.99 | \$7.99
Add a Meatball (pcs) \$+2.49
Add grilled Chicken \$+4.99

MEDITERRANEAN'S FAMOUS PIZZAS

Our signature pan pizza is always made from scratch upon your order to enjoy it hot & fresh every time! **Gluten Free** available for Small size +1.99

Classic Cheese 🍷

Our homemade pizza sauce topped with a rich blend of Italian cheeses
Small 9.99 | Large 14.99

Mediterranean 🍷 Signature Pizza

Our homemade pizza sauce, Artichoke hearts, roasted red peppers, baby spinach, tomato and Kalamata olives dressed with Greek vinaigrette & topped with feta cheese
Small 13.99 | Large 19.99

Four Cheese 🍷

Pink vodka sauce and caramelized onions, topped with romano, parmigiana, gorgonzola & rich blend of Italian cheeses
Small 13.99 | Large 19.99

Bianca Garlic butter sauce, spicy Italian sausage & caramelized onion topped with rich blend of Italian cheeses
Small 13.99 | Large 19.99

Greek 🍷Homemade pizza sauce, roma tomatoes, Kalamata olives, authentic feta cheese, green peppers, sliced onion & aromatic oregano
Small 13.99 | Large 19.99

Spinach 🍷Our pizza sauce, baby spinach, tomatoes, black olives & feta cheese
Small 13.99 | Large 19.99

Chicken Bacon Ranch Pizza Creamy ranch dressing, tender chopped chicken, bacon, and scallions
Small 13.99 | Large 19.99

Fresh Garlic & Herb 🍷 Garlic butter sauce, herbs and spices, topped with rich blend of Italian cheeses
Small 13.99 | Large 19.99

Fresh Mozzarella & Basil 🍷 Rich garlic butter sauce, topped with fresh mozzarella, tomato, basil and garlic. Drizzled with extra virgin olive oil
Small 13.99 | Large 19.99

Meat Lover's Our homemade pizza sauce, pepperoni, bacon, sausage, ham, ground beef & topped with cheese
Small 14.99 | Large 20.99

House Special Our homemade pizza sauce, ham, ground beef, pepperoni, sausage, sliced onions, mushrooms & green peppers
Small 14.99 | Large 20.99

Mixed Vegetable 🍷 Homemade pizza sauce, roasted red peppers, sundried tomatoes, portobello mushrooms, artichokes & sliced onions
Small 13.99 | Large 19.99

Chicken Scampi Rich garlic butter sauce, tender chicken topped with romano and rich blend of Italian cheeses
Small 13.99 | Large 19.99

Chicken Parmigiana Strips of crispy breaded chicken cutlet with our pizza sauce topped with rich blend of Italian cheeses
Small 13.99 | Large 19.99

Steak & Mushroom Alfredo Creamy Alfredo sauce, shaved steak, portobello mushrooms, caramelized onions, topped with rich blend of Italian cheeses
Small 15.29 | Large 21.29

Chicken Romano Garlic & tomato sauce, well-marinated chicken, roasted red peppers, topped with romano & rich blend of Italian cheeses
Small 13.99 | Large 19.99

Chicken & Broccoli Alfredo Sautéed broccoli and chicken with creamy Alfredo sauce
Small 13.99 | Large 19.99

Vegetarian 🍷 Homemade pizza sauce, black olives, green peppers, sliced onions, mushrooms & tomatoes
Small 13.99 | Large 19.99

BBQ Chicken Smoky BBQ sauce, grilled BBQ chicken, caramelized onions, scallions & rich blend of cheeses
Small 13.99 | Large 19.99

Buffalo Chicken 🍷

Our homemade pizza sauce, spicy Buffalo chicken with caramelized onions & rich blend of cheeses
Small 13.99 | Large 19.99

Hawaiian With our homemade pizza sauce, baked ham, sweet pineapple & rich blend of cheeses
Small 13.99 | Large 19.99

Fig & Prosciutto Fig jam sauce, prosciutto, gorgonzola and Romano cheese, caramelized onions & basil, drizzled with balsamic glaze
Small 13.99 | Large 19.99

Texas French fries, crispy bacon and ranch dressing, topped with rich blend of cheeses
Small 13.99 | Large 19.99

Sausage Signature Pizza Homemade pizza sauce, Italian sausage, green peppers, sliced onions, topped with a rich blend of Italian cheeses
Small 13.99 | Large 19.99

Extra Toppings and Ingredients for your Pizza or Calzone
Anchovies, Artichokes, Bacon, Banana Peppers, Black Olives, Broccoli, Caramelized Onions, Chourico, Extra Cheese, Fresh Basil, Fresh Garlic, Fresh Mozzarella, Fried Eggplant, Greek Feta, Green Peppers, Ham, Hamburger, Jalapeño Onion, Kalamata Olives, Meatballs, Peppers, Pepperoni, Pineapple, Portobello Mushroom, Roasted Red Peppers, Sliced Tomato, Spinach, Sundried Tomato, Ricotta Cheese, Sausage, Turkey, White Mushroom
Small 1.49 | Large 1.99
BBQ Chicken, Buffalo Chicken, Chicken, Prosciutto
Small 1.99 | Large 2.99
Pastrami, Roast Beef, Shaved Steak
Small 2.99 | Large 4.99

DESSERTS

Choose from a selection of homemade pastries available daily!

- French Style Cheesecake**
Cheesecake so Creamy, Smooth & Satisfying 6.99
- Layered Carrot Cake**
Three Delicious Layers of moist Cake Loaded with shredded carrots, pecan pieces and crushed pineapple, finished with a real Cream Cheese Icing and garnished with Pecans and coconut 8.99
- Gourmet New York Turtle Cheesecake**
Every slice is Heaven, beginning with a thick layer of fudge, covered with caramel sauce, garnished with chopped pecans, all wrapped up in a graham cracker crust 8.99
- Tiramisu**
A Traditional Italian Dessert Made of Mascarpone Cheese and Lady fingers soaked in Espresso with a touch of Liquor. Lightly dusted with Cocoa Powder for an elegant touch 8.99

DELICIOUS CALZONES

Crafted daily in our kitchen with fluffy dough, homemade sauce & fresh ingredients!
Extra Sauce 0.69,
Hummus or Tzatziki 1.99

Pepperoni Lots of pepperoni & mozzarella cheese
Small 13.99 | Large 19.99

Italian Genoa salami, capicola, Mortadella, Provolone cheese & roasted peppers
Small 13.99 | Large 19.99

Chicken 🍷Chopped chicken breast with broccoli, mushrooms, banana peppers, feta & mozzarella
Small 13.99 | Large 19.99

Greek 🍷Tomato sauce, feta cheese, mozzarella cheese, kalamata olives, green peppers, onions & oregano
Small 13.99 | Large 19.99

House Special Pepperoni, sausage, ham, white mushrooms & mozzarella
Small 14.99 | Large 20.99

Buffalo Chicken Juicy chicken breast tossed in spicy buffalo sauce, mozzarella & blue cheese
Small 13.99 | Large 19.99

Parmigiana (Chicken or Meatball or Sausage or Eggplant)

Breaded chicken cutlets or handmade meatballs, or fresh Italian sausage with mozzarella cheese & homemade marinara sauce
Small 13.99 | Large 19.99

Steak & Cheese Shaved sirloin steak & mozzarella
Small 15.99 | Large 21.99

Add peppers, onions & mushrooms +1.99

Vegetarian 🍷Broccoli, mushrooms, sliced onions, peppers & mozzarella cheese
Small 13.99 | Large 19.99

Spinach 🍷Fresh spinach, black olives, mozzarella and Feta cheese
Small 13.99 | Large 19.99

Big Iced 6 Layer Chocolate Cake
Colossal layer upon layer of Dark moist Chocolate Cake, sandwiched with our silkiest smooth Chocolate filling, piled high with chunks of Cake 10.99

Greek Fried Dumplings "Loukoumades"
(Serves 1-2)
Hot Traditional fried dough bites with your choice of sweet toppings. Please Choose: Walnuts & Honey | Nutella & Oreo 12.99

Nutella & Mascarpone Calzone (Serves 2-4)
Our Signature Calzone stuffed with Nutella and Mascarpone... Baked in House 19.99

Greek Fried Sweet Bread "Tsoureki" (Serves 1-2)
Decadent fluffy sweetbread butter toasted and finished with your choice of toppings. Choose: Nutella & Oreo | Walnuts & Honey 14.99

DRINKS LIST

Hand crafted Cocktails made with premium liqueurs from your beloved bartenders!

Cocktails

Espresso Martini Smirnoff Vanilla Vodka, Kahlua, Frangelico, Cream Liqueur, Fresh Brewed Espresso shot, Topped with Espresso Beans 12.99

Gin & Jam Hendricks Gin, House-Made Simple Syrup, Fresh Squeezed Lemon Juice, Strawberry Jam, Garnished with a Lemon twist 12.99

Margarita Tequila, Triple Sec, Fresh Pineapple Juice, House-Made Sour Mix, Rimmed with salt 13.99

Santorini Topper of Captain Morgan, Myers's Dark Rum, Fresh Orange Juice, Fresh Pineapple Juice, Topped with Pomegranate Grenadine 14.99

Cosmo Vodka, Splash of Fresh Lime, Triple Sec, Dash of Cranberry and Garnished with Lime 12.99

Sangria, the Mediterranean Way Red or White
Glass 11.99 | Super Glass 15.99 | Carafe 36.99

Wines & Others (187ml|6.32 fl oz)

Red Wines
Cabernet Sauvignon - BAREFOOT 6.99
Merlot - BAREFOOT 6.99

White Wines
Pinot Grigio - BAREFOOT 6.99
Moscato - BAREFOOT 6.99
Chardonnay - BAREFOOT 6.99
White Zinfandel - BAREFOOT 6.99
Sauvignon Blanc - SUTTER HOME 6.99

Others
Prosecco - SANTA MARINA 9.99

Beers

Beer By the Bottle
• Blue Moon 4.49
• Coors Light 4.49
• Corona Extra 4.49
• Heineken 4.49
• Guinness 5.49
• Michelob Ultra 4.49
• Miller Lite 4.49

Draft Beer
• Bud Light
Pint Glass 4.49
• Sam Adams Seasonal
Pint Glass 5.49
• Truly Blueberry 5.99
• Truly Cherry 5.99
• Truly Strawberry & Lime 5.99
• Truly Wildberry 5.99

SPIRITS

Cognac
• Hennessy
Cordials
• Bailey's Irish cream
• Frangelico
• Kahlua
• Pallini Limoncello
Gin
• Tanqueray
Rum
• Bacardi
• Captain Morgan
• Malibu
• Myers's Original Dark Rum
Scotch
• Johnnie Walker Black | Red
Tequila
• Jose Cuervo Gold
• Patron Silver
Vodka
• Absolut Regular | Citron
• Grey Goose Original
• Smirnoff Vanilla
• Stol's Raspberry
• Tito's Handmade Vodka
Whiskey
• Crown Royal
• Jack Daniel's
• Makers Mark
• Seagram's VO
• Southern Comfort

*Must be the age of 21 or over with a valid form of photo ID to drink alcohol

We accept all major credit cards. We use only 100% pure vegetable oil in frying.

If you desire to bring your own cake there will be a \$1 fee per person. For Parties of nine or more, 20% gratuity will be added. No more than six checks per party. Before placing your order, please inform your server if a person in your party has a food allergy. If you would like to make changes to your order we will do our best to help. However we won't be able to make changes if your food order has already been prepared.

Ask your server about menu items that are cooked to order. **The Kitchen Appreciation Fee** is an automatic 2% fee that will be added to the total of the bill before tax. This fee supports our kitchen staff's hard work. According to the law Servers' TIPS are not to be shared with Kitchen staff.

If you wish to not pay it, please let your Server, Bartender or Order taker know and we will be happy to remove it for you. All Menu items & prices are subject to change without notice.

*Consuming raw or undercooked meats, poultry, seafood, or eggs may increase risk of foodborne illness

🍷 Gluten Free Options 🍷 Vegetarian Options 🍷 Spicy Options (Ask Your Server)